

# Hot off the 'Wire'

www.bracesaz.com

Dr. Garret Harnett & Dr. Aurelia Bedard

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April - June 2008



## Take me out to the Ball Game!

On March 11, 2008, Dr. Harnett & Dr. Bedard surprised us with tickets to a Spring Training game to see the Padres and Angels! Our 'got braces' t-shirts were quite a hit with the ball park fans! Our doctors are the best! We had a wonderful time!!

As many of you may have noticed, the online payment feature of our website has been unavailable. We apologize for this inconvenience and hope to have it accessible soon. Until then, we are able to take payments over the phone with all major credit cards, or you can mail your payments to us at the Arrowhead office. If you have any questions or concerns, please don't hesitate to call us!

## Chocolate Baked Bananas Over Ice Cream

4 whole bananas in the peel      4 oz. semisweet chocolate chips  
4 Tbsp Nutella (optional)      1 pint ice cream (flavor of choice)

Preheat your oven to 450 degrees. Place the banana on a work surface with the ends pointing up. Using a small sharp knife, cut a horizontal slit down the inside so you can open the peel like an envelope and stuff it. Being careful not to rip open the peel, spread 1 TBSP of Nutella in each slit and add 1 oz. chocolate chips. Close up the banana peel and wrap the banana in foil. Repeat with the remaining bananas. Place bananas on a baking sheet and bake for 10 minutes or until the inside of the bananas are soft and warm and the chocolate is melted. Before removing the bananas from the foil, remember to be careful - it will be HOT! To serve, place 2-3 scoops of ice cream into oval desert bowls. Carefully remove each banana from the foil and peel the baked bananas and place on top of ice cream.

## IMPORTANT NOTICE!!!

Please inform our front office staff with any changes in your insurance benefits. Without updating our records and billing your new insurance company, you may be responsible for any outstanding balance.

## PATIENTS IN THE NEWS

Natasha Myers has been chosen as Student of the Month at her school because she is a good role model for her peers. She is always respectful of others and their feelings. She is very responsible and has a great sense of humor. Congratulations Natasha! We are proud of you!

Christopher Dastan, a junior at Shadow Mountain High School is a member of the debate team in speech and debate. His team came in second in the state. He plans to participate during his senior year as well. Keep up the great work Christopher!



# CONTEST CORNER



Mother's Day &  
Father's Day

May 1st thru June 30th

Our parents do so much for us, so this contest is all about them. Write a poem, beginning with the famous, 'Roses are Red, Violets are Blue.' You can do one for each parent if you'd like. Return completed poems to the front office. These poems will be voted on by our Doctors and Staff and the winners will win an awesome prize for their Mom or Dad. There will be one winner for Mom and one winner for Dad. What a great way to show your mom and dad you love them! Be creative and have fun!!

## WIN A DIGITAL CAMERA!

June 2 thru August 28th  
Whatever you're doing - wherever you go - DON'T forget to take your Dr. Harnett & Dr. Bedard T-shirt!! Send us a picture of you WEARING your orthodontic t-shirt while you are on summer break and you could be the winner of a digital camera!  
We'll be looking for the most creative! Good Luck and have a wonderful summer!



TOKENS!  
TOKENS! TOKENS!

Are you looking for ways to earn extra tokens so you can cash in for a Starbucks gift card or Visa card to the Mall? Here are a few things you can do :

- Turn in your signed hygiene certificate from your dentist
- Refer friends, cousins, and even strangers to our office
- Bring in report cards
- Wear your T-shirt to your appointments!

"Each day you miss wearing your rubberbands is another day in braces!" --Dr. Harnett



### Super Bowl Contest

Congratulations to Ahira Gomez and Sam Quintana for guessing that the Giants would win the Super Bowl! They each won \$50 to Streets of New York! Way to go!



Ahira



Sam

### Contest Winners!

#### Piggy Bank Contest



How much money was in the piggy bank? \$50  
Several of you had the correct guess, but Hailey Miller and Richard Miner were drawn as our winners!



Hailey



Richard

#### St. Patrick's Day Food Drive

Skylee Wilson and Jessica Parker were our big winners for the St. Patrick's Day contest. They each won 50 tokens and a water bottle! Thank you all for helping us stock the WestSide Food Bank!



Photos unavailable for Skylee & Jessica

